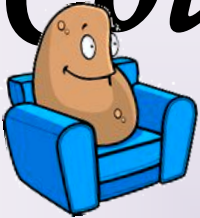


Couch Potato Triathlon



2018



SWIM 2.5 MILES

BIKE 112 MILES

RUN 26 MILES

February 1st – February 28th

The Couch Potato Triathlon is a fun, fitness challenge that is similar to the Ironman Triathlon. You have 4 weeks to complete the challenge. You can actually swim, bike, and run those miles or you can take classes or work out on our equipment and convert those activities to miles.

All levels are welcome!

You are on the honor system

\$8 for one person

\$15 for two people

Includes T-shirt

